

1 Title: Cow comfort through novel barn design

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6 Abstract

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8 It is widely accepted that cow comfort leads to improved health, longevity, profitability, and productivity of the herd.
9 There are fewer lame cows, fewer knee and hock injuries, increased milk yield, and healthy cows that stay in the
10 herd longer when cows are provided with a comfortable place to rest. Rest can be optimized through appropriate
11 stocking density, stall design, and ventilation and heat abatement. Understanding the importance of these elements in
12 overall facility design leads to improved profitability of the farm and underscores the industry's drive to
13 continuously improve.

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15 Key words: Lying time, stalls, air speed, ventilation

17 Group Size and Stocking Density

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19 Lying behavior is influenced by climate, resting space, stocking density, and the time available to rest when in the
20 home pen. Group size plays an important role in allowing cows to rest when they want to, for as long as they need to.
21 While parlor size and holding area capacity should be taken into account when determining group size, the
22 maximum allowable time out of the pen spent milking each day should also be considered. The maximum allowable
23 time out of the pen is 3 to 3.5 hours per day based on the time budget of a freestall housed cow where 12 hours per
24 day is spent resting (Figure 1). Transfer time to and from the parlor as well as milking time falls under the 3-3.5

25 hours spent outside of the pen each day. Lying time studies have shown that cows who spend more time milking
26 spend less time resting¹ so cows outside of the pen for longer than 3.5 hours a day are less able to achieve the
27 optimum 12 hours of rest per day.

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29 Overstocking pens without changing parlor size and throughput may increase time spent milking, which reduces the
30 amount of time cows have for essential activities in the pen such as eating, resting, and socializing. The competition
31 that occurs as a result of overstocking has a negative impact on lying time². When stalls are stocked at 1.5 cows per
32 stalls, cows lose about 15 percent of their lying time when compared to stocking densities of one cow per stall³. This
33 is equivalent to a cow's average lying time being reduced from 12 hours per day to 10.2 hours per day – the same
34 effect as moving cows from a sand-bedded stall to a mattress surface.

35

36 Stall Surface

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38 Deep loose bedded stall surfaces, specifically sand, are best for cows as they provide cushion, support, and traction
39 when cows lie down and get up, which is more important for older cows compared to younger fit cows. Herds with
40 deep loose bedded stalls have fewer lame cows, less hock and knee injuries, and cows produce more milk^{4,5}. Organic
41 bedding materials, manures solids, and sand all constitute deep loose bedding. These types of bedding materials
42 relate to a difference in how non-lame and lame cows rest in stalls because they modify stall behavior. For instance,
43 deep loose bedding promotes fewer, longer lying bouts¹, which is beneficial for lame cows who struggle with rising
44 and lying down because of the pain associated with sore feet. Sand, in particular, normalizes lame cow behavior by
45 allowing cows time to rest and recuperate as observed in a Finnish study⁶ where lame cows housed on sand
46 improved after 21 weeks compared to the group housed on straw.

47

48 With fewer lame cows, herds typically have a higher proportion of healthy multiparous cows that produce more
49 milk. When these cows are allowed to rest for longer periods of time or for the optimum 12 hours per day, there is an
50 improvement in blood flow and delivery of nutrients to the udder⁷, potentially increasing milk production. In a
51 survey of 176 DHIA herds looking at the benefit of sand, Wisconsin dairies using sand bedding produced seven
52 more pounds of energy corrected milk per cow per day than dairies who had mattress stalls. This could be because of

53 the longer resting times associated with deep loose bedding. One of the largest lying time studies found that sand
54 allowed cows to rest for 11.7 hours per day compared to other surface types that averaged 10 to 10.5 hours per day⁸.

55

56 Stall Design

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58 Stalls should be appropriately sized to fit the resting imprint of the cows using them while permitting sufficient
59 space for the cow to lunge forward when rising and lying, without the risk of injury. There are many critical
60 dimensions for stall design that promote proper stall usage and optimize rest, including stall width, length, divider
61 rail choice and placement, neckrail position, and distance from the brisket locator to the rear curb. Stall dimensions
62 are based on the average body weight of the cows occupying the pen if size is uniform or sized to provide sufficient
63 space for the largest 25 percent of the group. Target stall dimensions can be found on The Dairyland Initiative
64 website under “Freestall Dimensions.”

65

66 Cows spend more time lying down and less time standing up in stalls that provide sufficient resting space due to
67 fewer disturbances from cows in adjacent stalls. Stall width plays a critical role in optimizing rest. Tucker et al.
68 (2004)⁹ and Solano et al. (2016)⁸ found longer resting times in wider stalls, and Westin et al. (2016)¹⁰ saw more
69 lameness in stalls that were too narrow for the size of the cows using them. A common concern is that stalls that are
70 too wide will promote diagonally lying, resulting in a contaminated stall surface. Diagonally lying can happen when
71 stall length is insufficient or there are obstructions at the front of the stalls that impede cows from lunging and
72 bobbing forward when rising and lying, so if modifications are made to stall width, stall length should also be
73 considered.

74

75 Fast Moving Air in the Resting Space

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77 Once cows are provided with a comfortable place to rest, keeping them lying down in the stall when the temperature
78 rises is important for protecting lying time during heat stress events. Cows will lose roughly three hours of lying
79 time per day during a heat stress event¹¹. This is because cows accumulate heat when lying down at about one

80 degree Fahrenheit (0.5 degrees Centigrade) per hour of rest and dissipate heat at about a half of a degree Fahrenheit
81 (0.25 degrees Centigrade) per hour¹² when standing, so while the number of lying bouts remains the same, the lying
82 bout duration decreases¹². Providing the minimum cooling air speed (MCAS) of 200 to 400 ft per minute (1 to 2
83 meters per second) at 1.5 feet (0.5 meters) above the stall surface protects lying time, keeps cow body temperature
84 normal, and protects milk yield as the temperature humidity index increases¹³. Greater air speeds at cow resting
85 height reduces the number of lying bouts per day, allowing cows to lie down longer without having to stand to cool
86 off, and consistent air speeds throughout the stalls in the pen may lead to less variation in cow lying times¹⁴.

87
88 Fans or baffles over the stalls can provide fast moving air in the cow's resting space. Barns that utilize mechanical
89 ventilation or supplement natural ventilation with circulation fans see an increase in milk production of 5.7 to 9.2
90 pounds (2.6 to 4.2 kilograms) of milk per cow per day compared to barns with natural ventilation without fans¹⁵.
91 Following the air speed mapping strategy outlined in Reuscher et al. (2024)¹⁴, an anemometer can be used to
92 measure air speeds at 1.5 feet (0.5 meters) above the stall surface to determine if the MCAS is being achieved in the
93 stall microenvironment to optimize rest, and if not, fan placement, spacing, and angle may need to be adjusted.

95 Ventilation Systems

96
97 There are four criteria to effective barn ventilation design with providing fast moving air in the resting space as one
98 of the criteria. The other three include providing sufficient air exchange to remove heat, noxious gases, and moisture
99 from the barn, working well across all seasons, and being cost effective. While natural ventilation with fans over the
100 stalls has been the most prevalent ventilation system in midwestern climates, interest in other types of mechanical
101 systems has grown with positive pressure hybrid ventilation, tunnel or tunnel hybrid with fans over the stalls, and
102 cross ventilation with baffles or fans over the stalls emerging as common types of ventilation system. The choice of
103 ventilation system is based on many factors from social and economic, to facility design and preference for
104 maintaining the system, to the associated running costs. If the four criteria for an effective ventilation system are met,
105 then any of the six common ventilation systems can be considered to meet a barn's ventilation needs.

106

107 Conclusion

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109 When cows are provided with a comfortable place to rest, they are healthier, perform better, and stay in the herd
110 longer. Achieving cow comfort by optimizing rest comes from not overstocking pens, providing a soft surface to lie
111 down, designing freestalls to fit the size of the cows using them, and ensuring fast moving air in the resting space
112 during periods of heat stress. Barn ventilation and choice of system also plays a role in creating an environment for
113 maximizing cow health through appropriate air exchange year-round while being mindful of the system's impact on
114 herd profitability.

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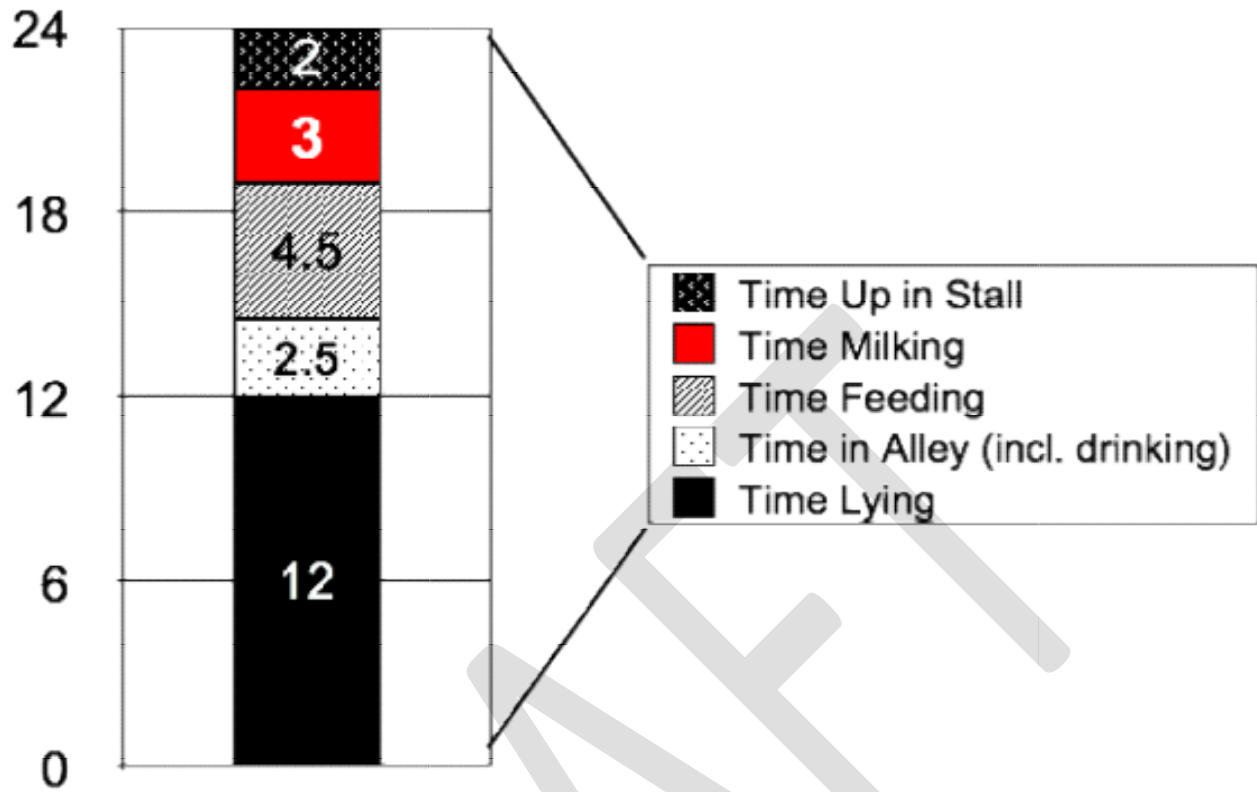
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149
150 **Figures**

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153 Figure 1: The daily time budget (in hours) of a freestall-housed dairy cow.